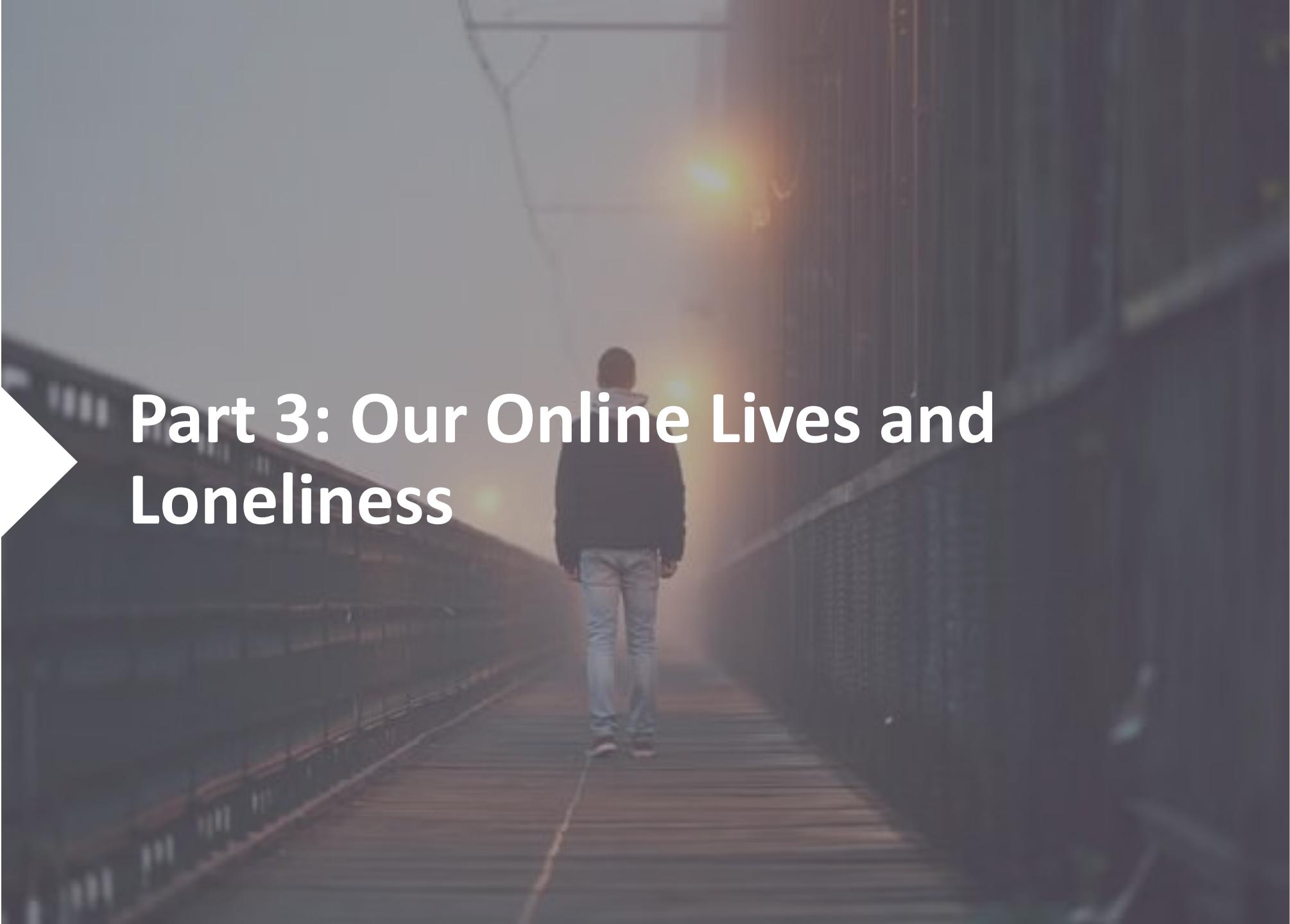


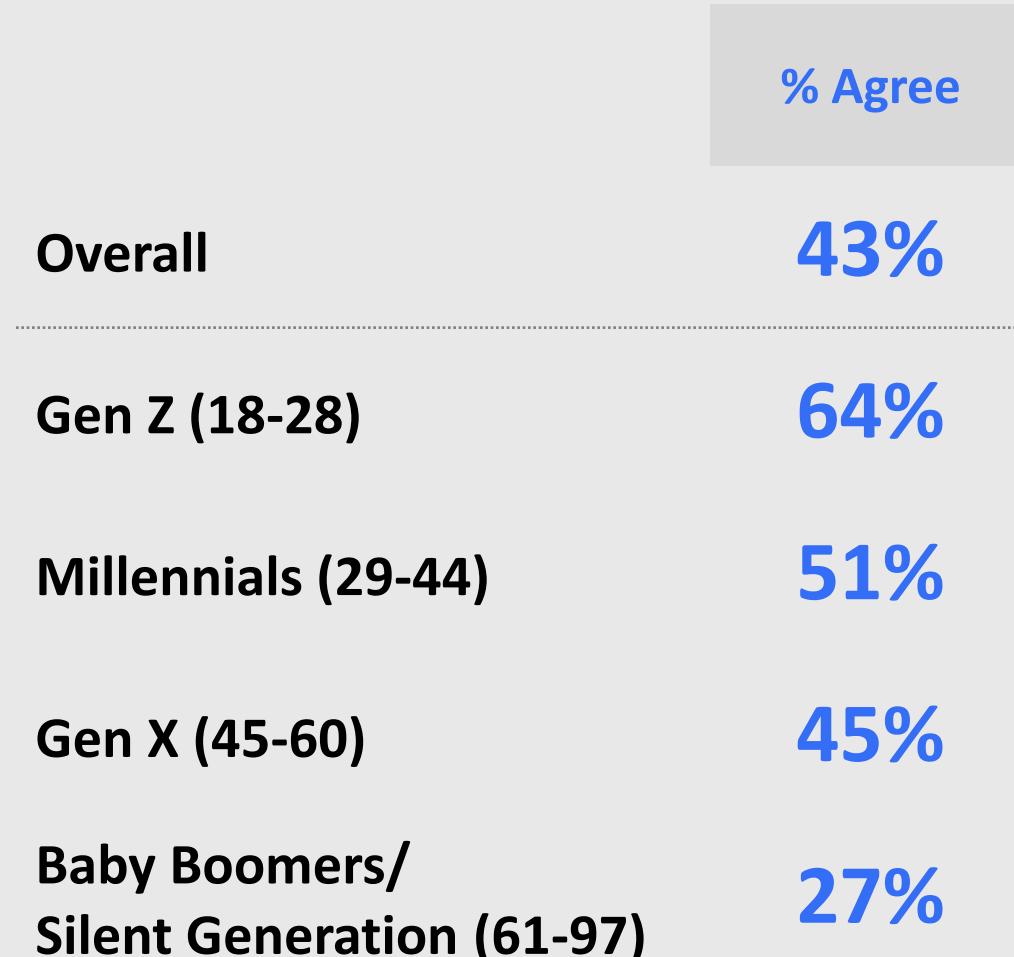
Part 3: Our Online Lives and Loneliness



Younger generations believe life online is as real as in-person.



*My relationships online
are as real and
meaningful as
relationships I have with
people in person*



Do you agree or disagree with the following statement?

Lonely younger men in particular believe online relationships are as real and meaningful.



*My relationships online
are as real and
meaningful as
relationships I have with
people in person*

| | % Agree |
|--------------------|---------|
| Overall | 43% |
| Lonely Men 18-44 | 57% |
| Lonely Men 45+ | 28% |
| Lonely Women 18-44 | 49% |
| Lonely Women 45+ | 43% |

Do you agree or disagree with the following statement?

Younger Americans, lonely or not, are hyper-engaged on social media.

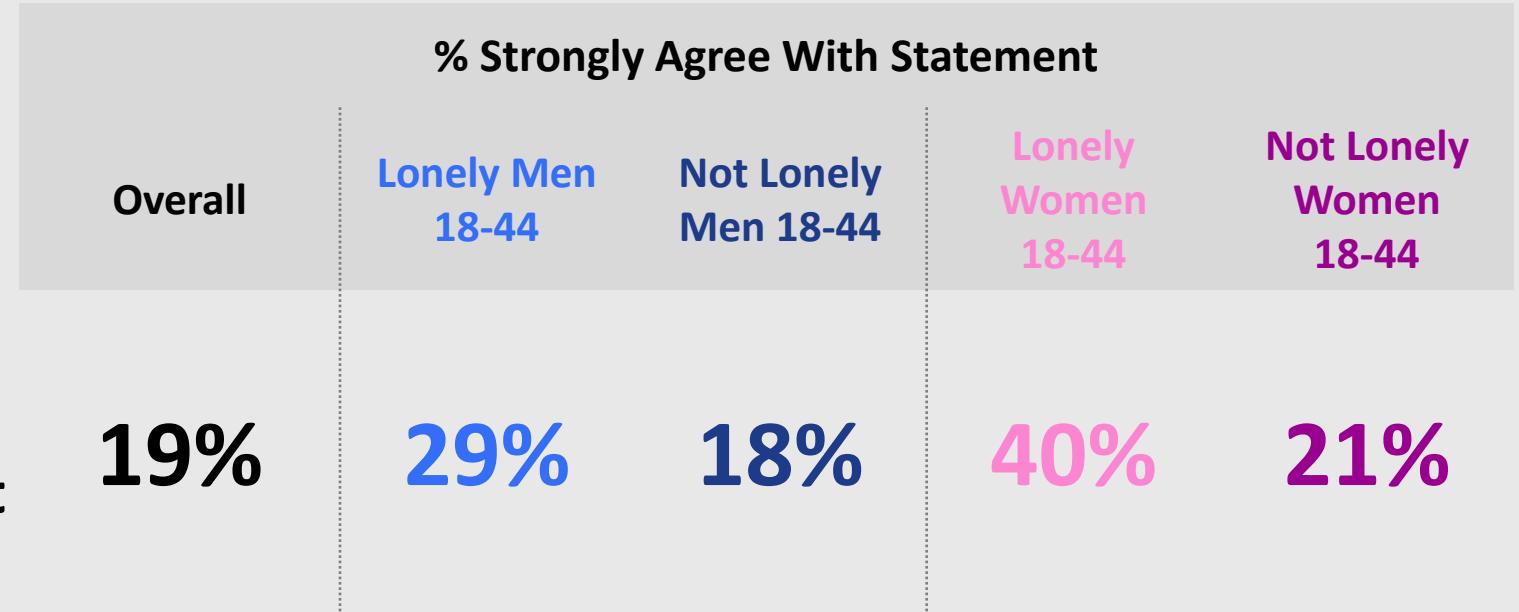
POS 

| | Overall | % Yes/Applies | | | |
|-----------------------------------------------|---------|---------------------|-------------------------|--------------------------|------------------------------|
| | | Lonely Men 18-44 | Not Lonely Men 18-44 | Lonely Women 18-44 | Not Lonely Women 18-44 |
| Use Social Media Once a Day + | 83% | 91% | 92% | 92% | 95% |
| Use TikTok Once a Day + | 35% | 48% | 55% | 66% | 61% |
| Use YouTube Once a Day + | 66% | 93% | 87% | 73% | 73% |
| Use Discord, Twitch, Reddit (1 or more) | 45% | 80% | 76% | 71% | 65% |

Younger Americans who are more lonely—especially women—find agreement with this more radical idea.

POS 

**It May Be Necessary at
Some Point for Citizens
to Take Up Arms Against
the Government**



And these younger lonely Americans feel more alienated in our society.

POS 

